



Privacy Policy

This statement tells you about the data processing practices of the charity, Jewish Action for Mental Health, referred to as JAMH in this policy. We collect and retain only relevant personal information about you which is used exclusively in the pursuance of our charitable objectives and for our promotional and fundraising purposes. We do not share your information with any other charities or external third parties. We are very mindful of the sensitivity of your personal information and we have taken all reasonable steps to ensure that information held on you is: accurate and up-to-date, not excessive, properly protected and held in the strictest confidence. If you wish your details to be removed from our database, please email us at hello@jamh.org.uk.

JAMH understands that your privacy is important to you and that you care about how your personal data is used and shared online.

We respect and value the privacy of everyone who visits our website, www.jamh.org.uk ("our website"), uses our social media and meets with us over Zoom or other video conferencing facility. We will only collect and use personal data in ways that are described here, and in a manner that is consistent with our obligations and your rights under the law.

Please read this Privacy Policy carefully and ensure that you understand it. Your acceptance of our Privacy Policy is deemed to occur upon your 'Opting In' and for us to store data about you and for you to receive information from us either by email and/or by text message. If you do not accept and agree with this Privacy Policy, you must inform us immediately.

1 Definitions and Interpretation

In this Policy, the following terms shall have the following meanings:

- 1.1 Account: means an account required to access and/or use certain areas and features of our website;
- 1.2 Cookie: means a small text file placed on your computer or device by our website when you visit certain parts of our website and/or when you use certain features of our website. Details of the Cookies used by our website are set out in section 12, below;
- 1.3 Cookie Law: means the relevant parts of the Privacy and Electronic Communications (EC Directive) Regulations 2003;
- 1.4 Personal Data: means any and all data that relates to an identifiable person who can be directly or indirectly identified from that data. In this case, it means personal data that you give to us. This definition shall, where applicable, incorporate the definitions provided in the EU Regulation 2016/679 – the General Data Protection Regulation ("GDPR"); and
- 1.5 We/Us/Our: means JAMH CIO, whose registered address is 37A Bury New Road, Prestwich, Manchester M25 9JY

2 Information About Us

- 2.1 Our website is owned and operated by JAMH, whose registered address is 37A Bury New Road, Prestwich, Manchester M25 9JY.
- 2.2 Our Registered Charity Commission Number is 1190973.

3 What Does This Policy Cover?

This Privacy Policy applies to our storage of data and your use of our website. Our website may contain links to other websites. Please note that JAMH has no control over how your data is collected, stored or used by other websites and we advise you to check the privacy policies of any such websites before providing any data to them.

4 Your Rights

As a data subject, you have the following rights under the GDPR, which this policy and our use of personal data have been designed to uphold:

- 4.1 The right to be informed about our collection and use of personal data;
- 4.2 The right of access to the personal data we hold about you (see section 11);
- 4.3 The right to rectification if any personal data we hold about you is inaccurate or incomplete (please contact us using the details in section 13);
- 4.4 The right to be forgotten – i.e. the right to ask us to delete any personal data we hold about you (we only hold your personal data for a limited time, as explained in section 6 but if you would like us to delete it sooner, please contact us using the details in section 13);
- 4.5 The right to restrict (i.e. prevent) the processing of your personal data;
- 4.6 The right to data portability (obtaining a copy of your personal data to re-use with another service or organisation);
- 4.7 The right to object to us using your personal data for particular purposes; and
- 4.8 Rights with respect to automated decision making and profiling.

If you have any cause for complaint about our use of your personal data, please contact us using the details provided in section 13 and we will do our best to solve the problem for you. If we are unable to help, you also have the right to lodge a complaint with the UK's supervisory authority, the Information Commissioner's Office.

For further information about your rights, please contact the Information Commissioner's Office or your local Citizens Advice Bureau.

5 What Data Do We Collect?

We may collect some or all of the following personal and non-personal data (please also see section 12 on our use of Cookies and similar technologies):

- 5.1 Name
- 5.2 Contact information such as email addresses and telephone numbers
- 5.3 IP address
- 5.4 Web browser type and version
- 5.5 Operating System

6 How Do We Use Your Data?

- 6.1 All personal data is processed and stored securely, for no longer than is necessary in light of the reason(s) for which it was first collected. We will comply with our obligations and safeguard your rights under the GDPR at all times. For more details on security see section 7, below.
- 6.2 Our use of your personal data will always have a lawful basis, either because it is necessary for our performance of a contract with you, because you have consented to our use of your personal data (e.g. by subscribing to emails), or because it is in our legitimate interests. Specifically, We may use your data for the following purposes:
 - 6.2.1 Replying to emails from you.
 - 6.2.2 With your permission and/or where permitted by law, we may also use your data for marketing purposes which may include contacting you by email, telephone, and/or post with information, news and offers on our services. We will not, however, send

you any unsolicited marketing or spam and will take all reasonable steps to ensure that we fully protect your rights and comply with our obligations under the GDPR and the Privacy and Electronic Communications (EC Directive) Regulations 2003.

6.2.3 Third parties (including YouTube) whose content appears on our website may use third party Cookies, as detailed below in section 12. Please refer to section 12 for more information on controlling Cookies. Please note that we do not control the activities of such third parties, nor the data they collect and use and advise you to check the privacy policies of any such third parties.

6.3 You have the right to withdraw your consent to us using your personal data at any time, and to request that we delete it.

6.4 We do not keep your personal data for any longer than is necessary in light of the reason(s) for which it was first collected.

7 How and Where Do We Store Your Data?

7.1 We only keep your personal data for as long as we need to in order to use it as described above in section 6, and/or for as long as we have your permission to keep it.

7.2 Your data will only be stored in the UK.

7.3 Data security is very important to us, and to protect your data we have taken suitable measures to safeguard and secure data collected through our website.

8 Do We Share Your Data?

8.1 Subject to section 8.2, we will not share any of your data with any third parties for any purposes.

8.2 In certain circumstances, we may be legally required to share certain data held by us, which may include your personal data, for example, where we are involved in legal proceedings, where we are complying with legal obligations, a court order, or a governmental authority.

9 How Can You Control Your Data?

9.1 In addition to your rights under the GDPR, set out in section 4, when you submit personal data to us or via our website, you may be given options to restrict our use of your data. In particular, we aim to give you strong controls on our use of your data for direct marketing purposes (including the ability to opt-out of receiving emails from us which you may do by unsubscribing using the links provided in our emails and at the point of providing your details).

9.2 You may also wish to sign up to one or more of the preference services operating in the UK: The Telephone Preference Service ("the TPS"), the Corporate Telephone Preference Service ("the CTPS"), and the Mailing Preference Service ("the MPS"). These may help to prevent you receiving unsolicited marketing. Please note, however, that these services will not prevent you from receiving marketing communications that you have consented to receiving.

10 Your Right to Withhold Information

10.1 You may access certain areas of our website without providing any data at all. However, to use all features and functions available on our website you may be required to submit or allow for the collection of certain data.

10.2 You may restrict our use of Cookies. For more information, see section 12.

11 How Can You Access Your Data?

You have the right to ask for a copy of any of your personal data held by us (where such data is held). Under the GDPR, no fee is payable and we will provide any and all information in response to your request free of charge. Please contact us for more details at hello@jamh.org.uk, or using the contact details below in section 13.

12 Our Use of Cookies

- 12.1 Our website may place and access certain first party Cookies on your computer or device. First party Cookies are those placed directly by us and are used only by us. We use Cookies to facilitate and improve your experience of our website and to provide and improve our services. We have carefully chosen these Cookies and have taken steps to ensure that your privacy and personal data is protected and respected at all times.
- 12.2 By using our website you may also receive certain third party Cookies on your computer or device. Third party Cookies are those placed by websites, services, and/or parties other than us. Third party Cookies are used on our website for showing social feeds. For more details, please refer to section 6, above. These Cookies are not integral to the functioning of our website and your use and experience of our website will not be impaired by refusing consent to them.
- 12.3 All Cookies used by and on our website are used in accordance with current Cookie Law.
- 12.4 Before certain Cookies are placed on your computer or device, you will be shown a notification requesting your consent to set those Cookies. By giving your consent to the placing of Cookies you are enabling us to provide the best possible experience and service to you. You may, if you wish, deny consent to the placing of Cookies; however certain features of our website may not function fully or as intended.
- 12.5 In addition to the controls that we provide, you can choose to enable or disable Cookies in your internet browser. Most internet browsers also enable you to choose whether you wish to disable all cookies or only third party Cookies. By default, most internet browsers accept Cookies but this can be changed. For further details, please consult the help menu in your internet browser or the documentation that came with your device.
- 12.6 You can choose to delete Cookies on your computer or device at any time, however you may lose any information that enables you to access our website more quickly and efficiently including, but not limited to, login and personalisation settings.
- 12.7 It is recommended that you keep your internet browser and operating system up-to-date and that you consult the help and guidance provided by the developer of your internet browser and manufacturer of your computer or device if you are unsure about adjusting your privacy settings.

13 Contacting Us

If you have any questions about our website or this Privacy Policy, please contact us by email at hello@jamh.org.uk or by telephone on 07510 204 844. Please ensure that your query is clear, particularly if it is a request for information about the data we hold about you (as under 11, above).

14 Changes to Our Privacy Policy

We may change this Privacy Policy from time to time (for example, if the law changes). Any changes will be immediately posted on our website and you will be deemed to have accepted the terms of the Privacy Policy on your first use of our website following the alterations. We recommend that you check this page regularly to keep up-to-date.

Policy Adopted: 10th May 2020.

Review Date: August 2025.